I start with pasting the Stars & Bar image into an MS Word doc.



Followed by inserting a rectangle and a circle.



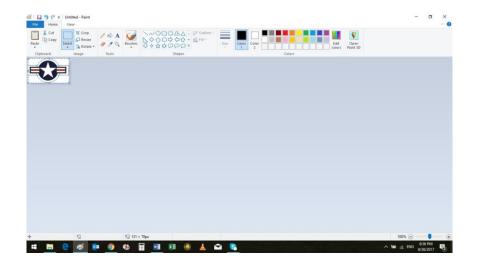
I then select no fill in the format.



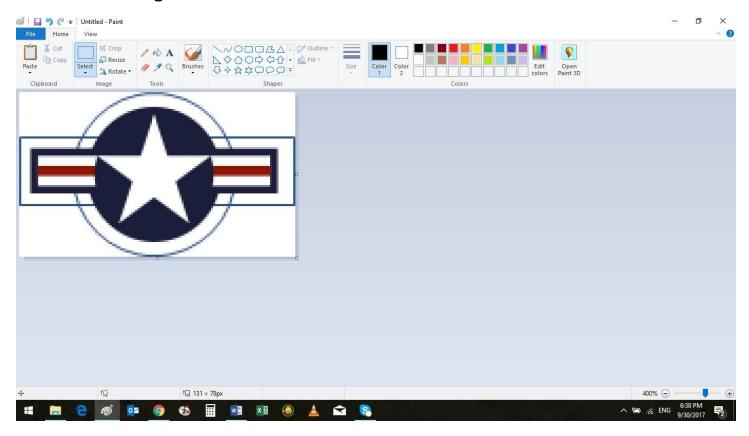
Now I move the Star & Bar and bring it forward. Then place the circle and rectangle behind and adjust the size to have the proper white outline



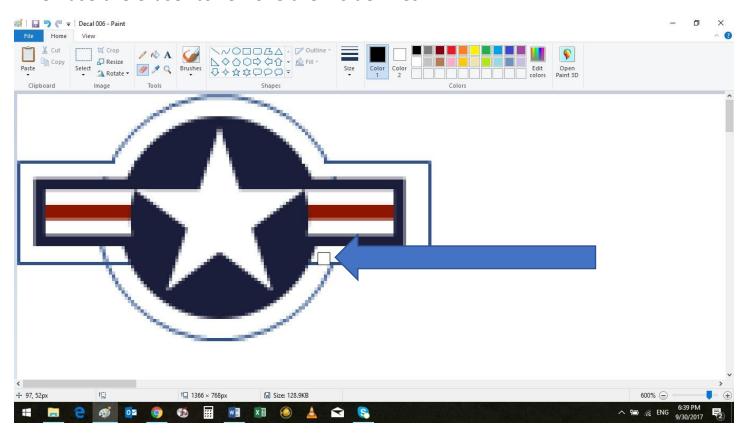
I then group and copy for pasting to Paint.



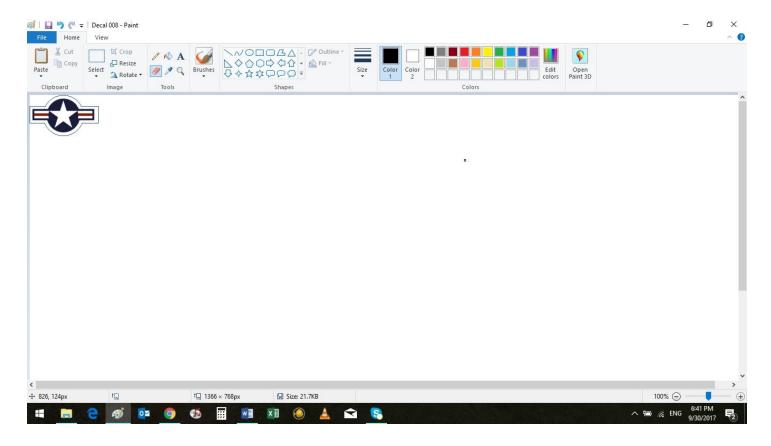
I then select magnification 600



Then use the eraser to remove the inside lines



And here is the finished image



A comparison



