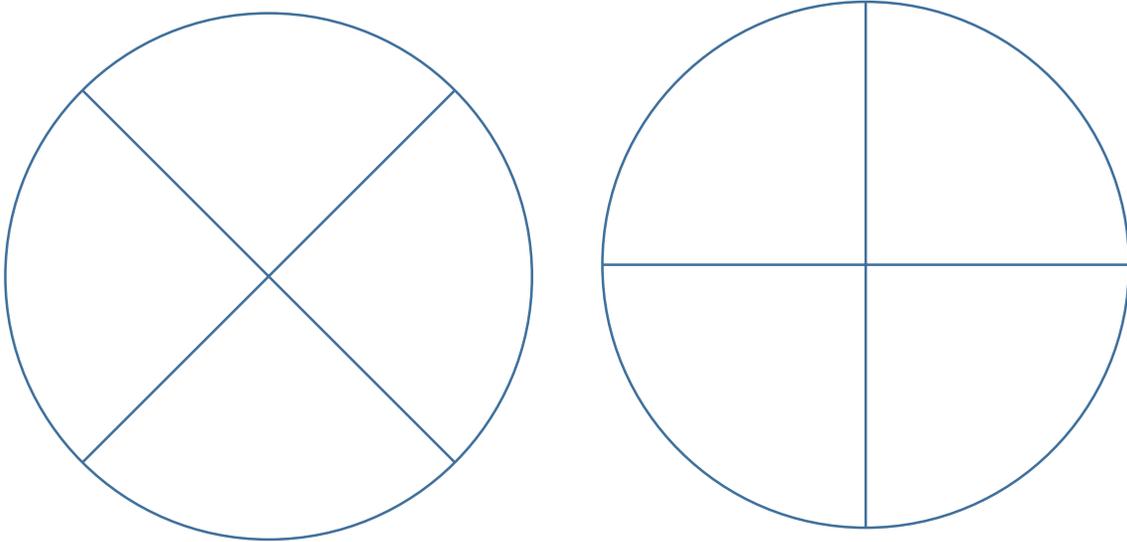
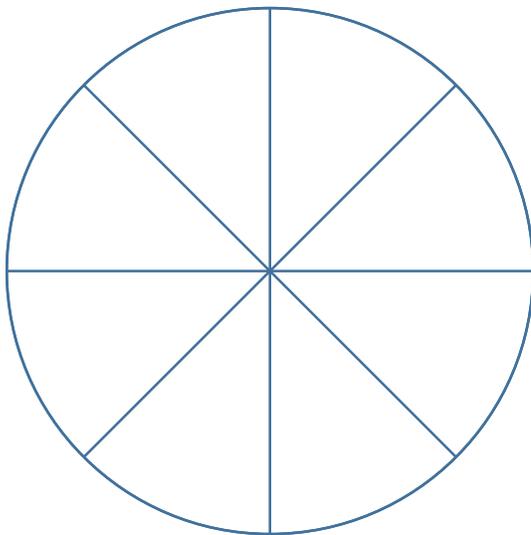


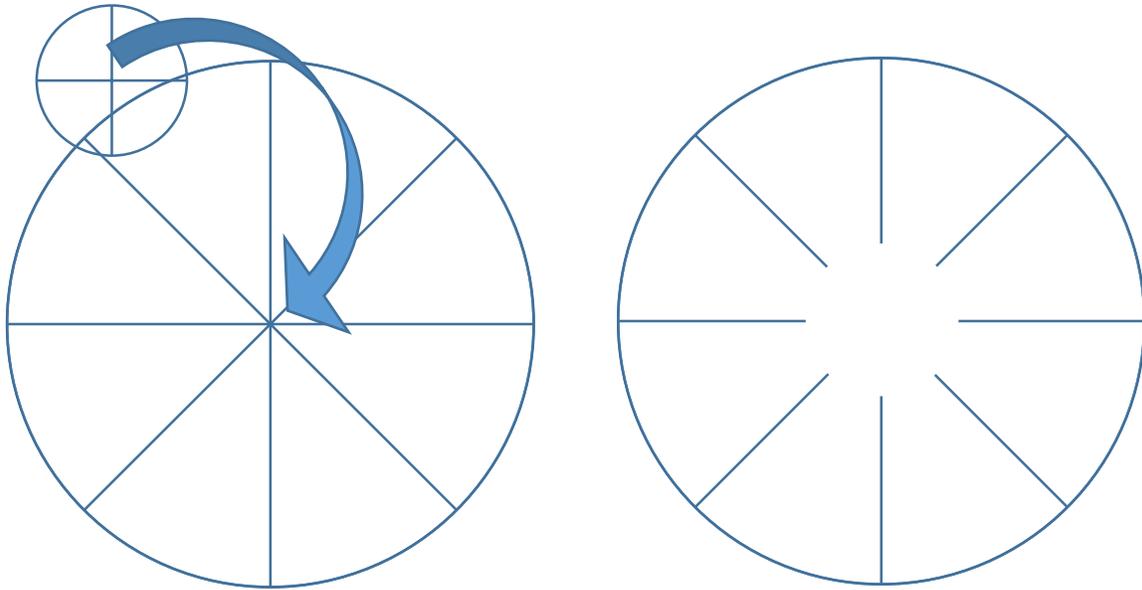
1. Start with blank MSWord page. Open INSERT, select SHAPE as shown. Select NO FILL. Enlarge to 7cm X 7cm



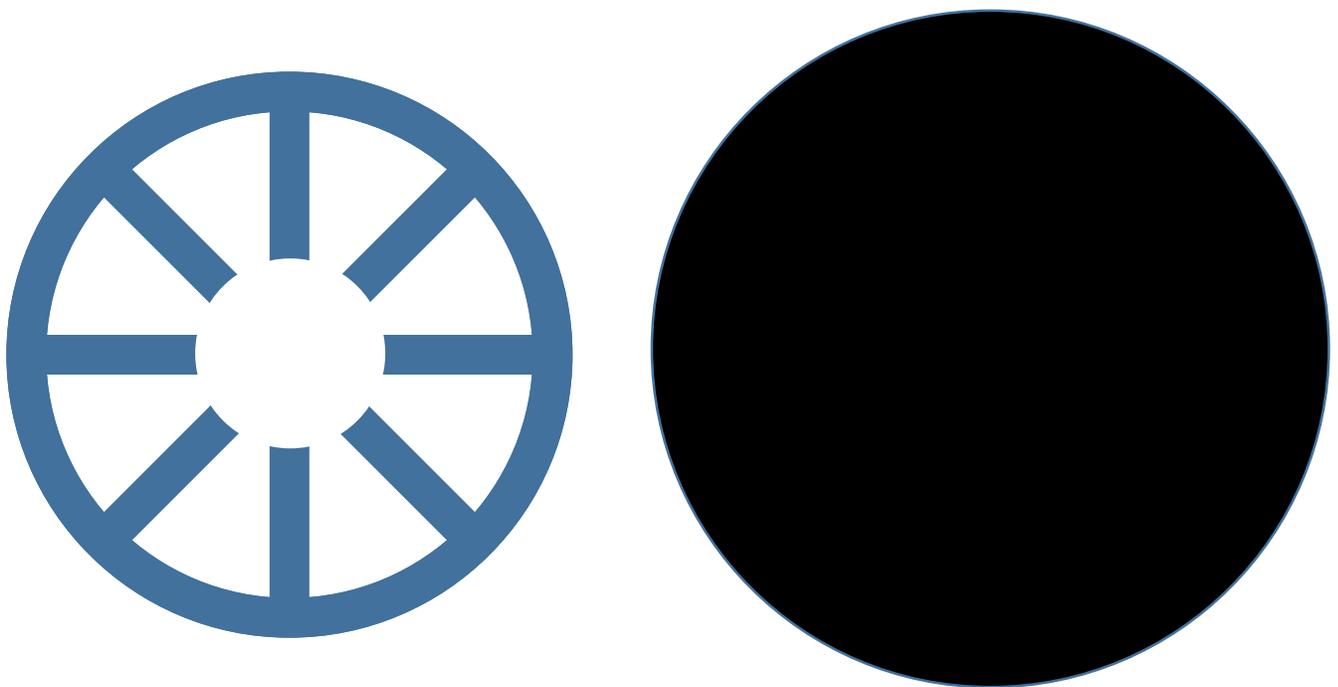
2. Place two circles over each other and insert. Group two items



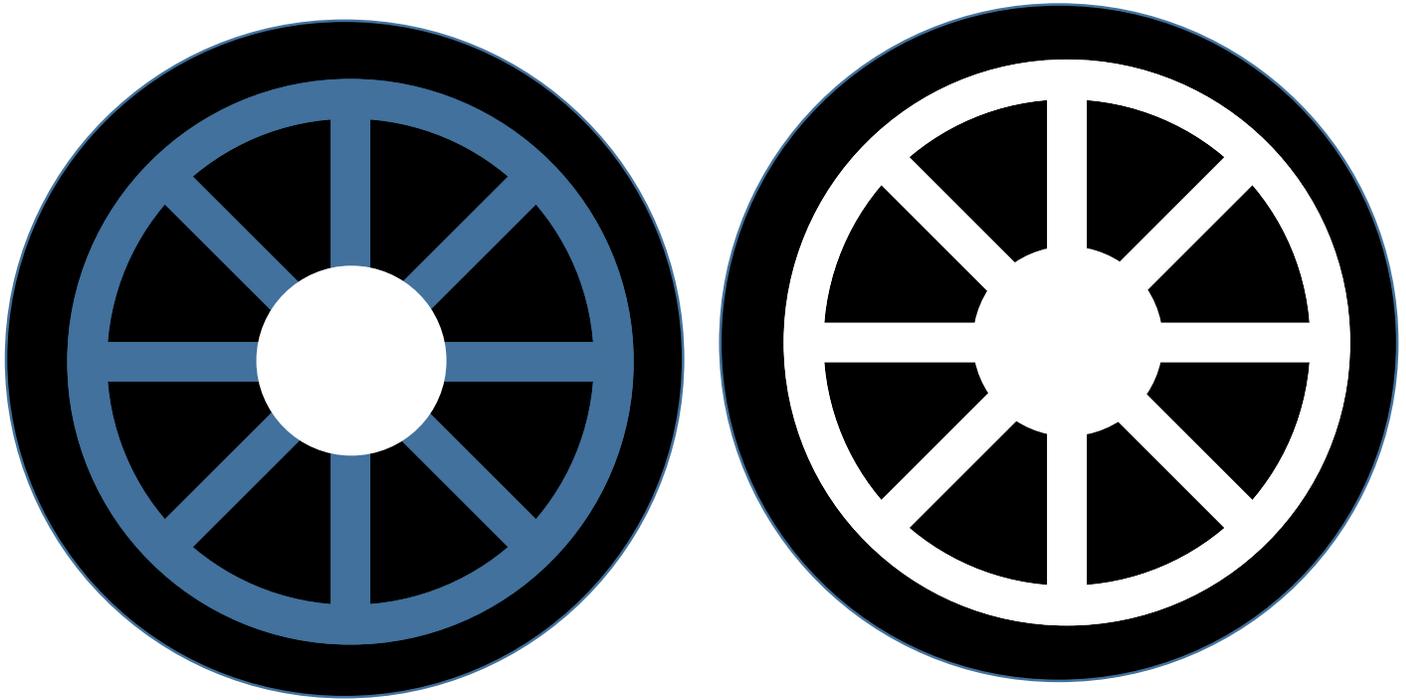
- Center new 2 cm circle. Once in place select white fill and lines for smaller 2cm circle;



- Using line weight, increase to 15 pt. Insert 9cm circle and fill black



5. Centre spokes over black circle and then colour outline white. Group and copy



6. Insert image to MS Paint or similar program. Play with centre size and line weight to get different effects.

